



SICK OF PINK

This month, like every October, a sea of pink ribbons washes over products from sneakers to snacks. While the effort raises research dollars, it leaves some breast cancer survivors feeling that companies are profiting from their pain.

BY KRIS FRIESWICK

When Kim Zielinski was diagnosed with breast cancer in 2007 at the age of 33, well-meaning friends inundated her with products bearing a little pink ribbon. Each product's maker promised a cut of the sales price to a breast cancer charity, and these friends felt they were supporting the cause and, by association, Zielinski. A petite brunette who's now 35, she was enormously grateful for the millions of dollars that these pink-ribbon products direct each year to charities that fund breast cancer research and education.

But it wasn't long before she got a little sick of the pink. "I felt kind of hateful," says the insurance company sales manager who lives in Charlestown. "I was like, 'What makes you think I like pink now?'"

"I think that the pink ribbon, as a symbol, tends to pretty up what is a pretty crappy disease. But a pink ribbon is easier to look at than the disease itself."

Many breast cancer survivors like Zielinski find themselves conflicted over this little powerful ribbon. Some survivors feel companies are exploiting breast cancer, marketing themselves as philanthropic outfits that care about women when what they mostly care about is the pink ribbon's enormous ability to boost profits. Some just feel overwhelmed by the constant pink reminder, especially in October, Breast Cancer Awareness Month, of a disease that has forever altered their lives.

Since she was diagnosed 2½ years ago, Anna Schleelein, a 26-year-old attorney in Newton, spends Octobers in a self-imposed pop-culture blackout. She tries to avoid TV, magazines, and, especially, shopping, to steer clear of all those pink-ribbon products. "October is just a reminder of my cancer," Schleelein says. She is screened for recurrences with MRIs and mammograms every six months, and October is particularly difficult if she is awaiting the results of a test. "I want to buy my English muffins and not be re-

minded of it while I'm waiting for results to come in."

"It's such a double-edged sword," says LaShaune Johnson, 33, another breast cancer survivor and a postdoctoral fellow, who recently relocated to Hartford from Hyde Park. She did her dissertation on breast cancer organizations and black women. "On the one hand, buying that pink stuff makes you feel connected to the people who survived and made it to the other side.

"But personally," says Johnson, "I cringe when I see that stuff. I feel like they're taking advantage of people who are suffering and want a sense of belonging."

Samantha King's 2006 book *Pink Ribbons Inc.* was one of the first that examined why breast cancer, more so than any other illness, became a ubiquitous marketing movement. Answer: The most significant risk factors for breast cancer (such as genetics and age) can't be altered by women, which is why it's often regarded as a "blameless" disease. It attacks mostly women, who account for the bulk of America's purchasing power. It attacks the very symbol of femininity, the breast. And a pink ribbon is cute and soothing. "I've talked to survivors who've contacted me and were so enraged that their struggle with the disease was being commodified in this way," says King, who is based in Kingston, Ontario. "The response

I've heard from corporations when I challenge them about this is 'Who cares, as long as the money is going to a good cause?'"

Many breast cancer survivors and women battling the disease care, that's who. And they're increasingly willing to speak out about it. "I would hope that companies aren't looking to profit off the use of the pink ribbon," says Zielinski. "There are other ways that they can market things." But few causes have proven to be as incredibly profitable – or as exploited – as breast cancer.

» When a company sells a product and promises a portion of the proceeds to a cause or charity, it's called cause-related marketing. (This is unlike the charitable foundations that some companies set up to give away money unconnected to product sales.) Avon and Estee Lauder were two of the first to use the pink ribbon as a marketing tool by slapping it on cosmetics in 1993. Other companies rapidly followed suit. Susan G. Komen for the Cure, the Texas-based 900-pound gorilla of breast cancer fund-raising, has turned cause marketing into a money-printing machine. Last year, the charity raised almost \$50 million from more than 250 corporations, which gave Komen some of their proceeds from product sales. Komen is just one of dozens of charities that part-

ner with companies to raise funds. The technique has been a tremendously powerful way of generating money for breast cancer research and education by redirecting consumer dollars.

It is also a powerful technique for raising profits. Research from Cone Communications, a Boston consultancy that helped pioneer the widespread use of cause marketing, has shown that 79 percent of consumers would likely switch to a brand that supports a cause, all other things being equal. People want to buy from companies that appear to do good deeds. In one test conducted by Cone and Duke University's Fuqua School of Business, shampoo aligned with a cause saw a 74 percent sales increase over the same brand without a cause.

A recent study of the effects of cause marketing by two professors at the Ross School of Business at the University of Michigan at Ann Arbor found that not only can companies raise prices and make higher profits on the sale of products that benefit a cause, these companies' entire brand portfolios can experience a "spillover" increase in sales and profits, which more than compensates for the money given to charity. The report concluded, "Our results suggest that actions of [cause marketing] firms should be looked on with some skepticism by consumers and government officials – while the firms may be helping with charitable causes, they are also using [cause marketing] to increase their own prices and profits."

But most consumers don't read reports from Midwestern business schools. Many people believe that a firm that puts a pink ribbon on a product is donating money out of its own pocket, at a loss, because it is committed to the fight against breast cancer. That's not to say the employees and executives aren't committed to the cause, but that is not why they do it.



Anna Schleelein, Newton Diagnosed with the disease 2½ years ago, she tries to avoid TV, magazines, and, especially, shopping during Breast Cancer Awareness Month. "October is just a reminder of my cancer."

"Often, I hear the argument that we would be better off if companies would just donate the dollars that they spend on marketing these products or creating these products," says Chris Mann, associate manager of brand marketing for Brighton-based New Balance, which for the past eight years has given a percentage of the sales of its "Lace Up for the Cure" shoe, apparel, and accessory collection to Komen. "And I don't disagree that a donation of that amount would be very impactful. At the same time, that point of view doesn't understand the realities of how for-profit corporations have to work. In most of the cases, that money was never earmarked as purely a donation or a philanthropic initiative. In most cases, it's funds that are coming out of a marketing budget. And by definition, a marketing budget is meant to drive return for the busi-

ness." (The New Balance Foundation, a separate entity set up to make charitable donations, has given more than \$100,000 over the past four years to local breast cancer initiatives and gave \$100,000 in 2007 to Komen.)

The profit power of cause marketing is why, come October, everything turns pink. The pink ribbon's use is unregulated, and it has no consistent meaning. Some companies simply attach a ribbon and say they're "raising awareness." Many pink-ribbon campaigns require the purchaser to register the sale online or through the mail.

Such misuse and hoop-jumping infuriates Jeanne Sather, a Seattle woman battling metastatic breast cancer and known throughout the cancer community for her fight against the pink ribbon and Breast Cancer Awareness Month. She will send a "Boycott October" button



Jeanne Sather, Seattle "The companies are making money off

my disease – even if they're giving an amount to charity, they're making so much more in profit," says the blogger known nationally for her fight against the pink ribbon.



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stuff makes you feel connected to the people who survived and made it to the other side," says the breast cancer survivor. "But personally, I cringe when I see that stuff."

to anyone who asks. Her blog, assertivepatient.com, features what she considers the most egregious, tasteless examples of pink-ribbon products – including Jingle Jugs, plastic breasts mounted taxidermy-style on wood that move and play music; sales of a "breast cancer awareness" edition of the Jugs resulted in a \$50,000 donation to Komen.

"For those of us with breast cancer, it's like getting hit in the face," says Sather. "The companies are making money off my disease – even if they're giving an amount to charity, they're making so much more in profit."

>> With one in eight women being diagnosed with breast cancer, more research is needed into cause, treatment, and prevention. Every donated dollar helps, so most charities refuse to bad-mouth pink-rib-

bon cause marketing, no matter how much it upsets some breast cancer patients and survivors.

Of the complaints, Karen White, director of corporate relations for Komen, says: "It's not something that we hear on a regular basis. Responsible cause marketing is good cause marketing and serves a wonderful cause. We're excellent stewards of the funds that come in through this." Still, nonprofit executives realize that some companies are misusing the pink ribbon, and they recognize that if corporate partners appear greedy instead of philanthropic, it tarnishes the charities' own reputations – and fundraising efforts. White says Komen approves the products on which its partners are slapping Komen's trademarked version of the pink ribbon, and the charity says it monitors partners to ensure they are following accepted charitable giving guidelines and state laws that govern corporations involved in cause marketing.

Nonetheless, Breast Cancer Action (BCA), a San Francisco-based advocacy and fund-raising nonprofit, has for years called Komen out for joining with companies that it accuses of raising money for breast cancer while manufacturing products that contain ingredients that have been proven to or are likely to cause cancer. BCA recently declared victory when Yoplait, one of Komen's biggest partners through its "Save Lids to Save Lives" campaign, agreed to stop using milk from cows treated with recombinant bovine growth hormone, or rBGH. The byproduct of the hormone that remains in milk has been linked by many studies to the development of breast cancer. Shortly after Yoplait's statement that it would stop using milk from treated cows, Dannon made a similar announcement about its yogurt.

In 2002, BCA created the "Think Before You Pink" campaign, encouraging consumers to ask questions before buying pink, among

them: Is the product bad for my health, where is the money going, and how much is going there?

It's difficult or impossible to answer these questions while confronting a sea of pink products in aisle five at Walgreens. Which is why Komen, for one, insists that its corporate partners clearly say on products how the sale will benefit Komen and if there is a donation minimum or maximum. One of Komen's partners with a maximum is New Balance, which caps its contribution at \$1 million per year. The shoe maker has hit that target during each of the past two years and expects to do so again this year, according to Mann. "We would love to [raise the cap]," he says, "but the unfortunate realities of the business world at this point are that [we], like many other companies, are not having the flexibility given the current economic times to increase marketing spends." So what happens each year to the money that the company earns after the cap is reached that would normally go to Komen? "We would hold on to that."

White says that Komen monitors its partners' sales and requires that when they hit their maximum they tell consumers that purchases are no longer benefiting Komen. New Balance, however, said in a statement that it does not inform consumers once the company reaches its cap; its product labels state that a maximum donation exists, so the firm believes it's in compliance with Komen's rules.

Any business that sells for profit an item that benefits a charity is considered a commercial co-venture and must comply with state laws. Massachusetts has some of the strictest commercial co-venture requirements in the country, mandating that before a product can be sold here, a company must register with the state attorney general's charities' division, file financial documents outlining the program, and post a \$10,000 bond.

At the end of program, the company must also tell the attorney general how much gross revenue the program generated and how much went to the charity. The filings are the only publicly accessible, legally binding record of this information – all key to learning just how committed a firm is to a cause and how profitable these programs are.

But calls to the attorney general's office in August and September revealed that firms partnering with two of the largest breast cancer charities in the country, Komen and the Breast Cancer Research Foundation (BCRF), are not registered. Of the dozens of companies that sell products that benefit the BCRF, for instance, only four are on file. The Estee Lauder Companies is not one of them, surprising considering that Evelyn Lauder, a senior corporate vice president, launched the foundation, and the cosmetics maker is its primary corporate benefactor. An Estee Lauder spokeswoman said in a statement, "We are grateful to the *Boston Globe* for bringing this oversight to our attention. The Estee Lauder Companies is proud of its support for the Breast Cancer Research Foundation and will promptly take the necessary steps to register as required."

Only 13 Komen partners have current commercial co-venture registrations with Massachusetts. New Balance is not one of them. Mann explains: "I thought legal was doing it, and legal thought I was doing it." Since the *Globe's* query, New Balance is in the process of coming into compliance.

Emily Callahan, vice president of marketing for Komen, acknowledges that the nonprofit needs to increase its oversight of partner compliance with state laws. "We let [partners] take the lead in that," says Callahan. "That's something we need to be more aggressive with." She says that Komen will ensure that all partners have filed their forms by this month.

>> "It's really hard to combat a symbol like that," says Deborah Shields, executive director of the Massachusetts Breast Cancer Coalition, an advocacy nonprofit. "It's hard to challenge it without looking like a big meanie or leftish wacko fringe." Shields and her group encourage people to make donations directly to causes they support rather than shopping for the causes. "It does matter where the funds come from and where they go.

"None of this is happening in Europe," says Shields. "They're stupefied by the concept of cause marketing."

In fact, there is much concern that so-called consumption philanthropy may actually be dampening people's willingness to make direct cash donations to charities. Samantha King explored this trend in her book; she and other social researchers fear that consumers won't donate directly because they feel they did their part by buying those pink candies and golf clubs.

As such, the "so what" argument still dominates most of the conversations about the ethics of pink-ribbon cause marketing. So what if companies make a profit? Isn't it better that they send a little to a charity while they're at it? No harm, no foul, right?

It may be one argument in favor of leaving these companies alone to continue to pink-ify America, but it doesn't make many women who have or have had breast cancer feel any better about October. The pinker it gets, the more conflicted and exploited they feel. "I get e-mails all the time from women with breast cancer saying, 'Help me survive October. Help me get through October,'" says Sather. "It feels like a party and we are not celebrating." ■

Kris Frieswick is a frequent contributor to the Globe Magazine. Send comments to magazine@globe.com.

PHOTOGRAPH OF ANNA SCHLEELEIN BY YOON BYUN/GLOBE STAFF; PHOTOGRAPH OF JEANNE SATHER BY MONICA STRASEN

THE NEWS IN MEDICAL TESTS

>**HEART ULTRASOUND** CT scans and MRIs may be popular tools for treating heart disease, but Dr. Thomas Risser, director of the cardiac noninvasive lab at Cambridge Health Alliance, predicts that heart ultrasound (or echocardiography) will grow increasingly important. Heart ultrasounds are inexpensive, usually covered by insurance, and don't expose patients to the ionizing radiation in CT scans, he says. They allow doctors to see how blood flows through the heart, check its structure, and assess damage after a heart attack. –E.O.

>**PROSTATE CANCER SCREENING** Last summer, the US Preventive Services Task Force announced new recommendations, urging men 75 and older to skip prostate cancer screening. The advice is based on the fact that prostate cancer treatment can lead to incontinence and erectile dysfunction, problems that for this age group outweigh the risks of the cancer, which is usually slow growing. The task force also said there's not enough evidence to recommend for or against prostate-specific antigen testing in younger men. –E.O.